

# YOUR MENU

Flavorful, nutritious food is a cornerstone of good health.  
Please enjoy your meals during your hospital stay.



## TO ORDER

Order your meals using the patient app or with a patient dining caregiver.

Download our patient app: [clevelandclinic.org/order-food](https://clevelandclinic.org/order-food)

Use facility ID: **ccwes**

A patient dining caregiver will visit daily if no selections are made.

## GUEST TRAYS

Guest trays may be ordered with a patient dining caregiver.

Please purchase vouchers in the cafeteria.

# EVERY DAY MENU

## BUILD YOUR OWN MEAL

### breakfast

Please place your order by 7:30 p.m. the night before.

Scrambled Eggs	Pork Sausage	Apple Cinnamon Cream of Wheat
Hard Boiled Eggs	Veggie Sausage	English Muffin
French Toast	Turkey Sausage	(Wheat or White)
Pancakes	Fruit & Yogurt Parfait	Blueberry Muffin
Breakfast Potatoes	Oatmeal	
Bacon	Cream of Wheat	

---

### lunch + dinner

Please place lunch orders by 10 a.m. and dinner orders by 3:45 p.m.

#### SOUP

Chicken Noodle  
Tomato Bisque  
Fresh Vegetable

#### GRILL

Hamburger  
Garden Burger  
Vegan Burger  
Turkey Burger  
Chicken Breast  
Grilled Cheese  
Grilled Chicken Quesadilla

#### DELI

Tuna Salad  
Chicken Salad  
Egg Salad  
Turkey  
Roast Beef  
Ham  
Hummus  
American Cheese  
Swiss Cheese  
Cheddar Cheese  
Pepper Jack Cheese  
Peanut Butter & Jelly

#### BREAD

Wheat Bread  
White Bread  
Pita  
White Bun  
Wheat Bun

#### SALAD

Garden  
Greek  
Chicken Caesar  
Chef Salad  
Side Salad  
Fresh Fruit & Cheese Plate  
Hummus & Vegetable Platter

**REQUEST CONDIMENTS — LISTED ON THE BACK — AT TIME OF ORDER.**

## more lunch + dinner

Please place lunch orders by 10 a.m. and dinner orders by 3:45 p.m.

### COMFORT FOODS

Grilled Chicken  
Mediterranean Baked Haddock  
Chicken Marsala  
Beef Pot Roast with Demi Glace  
Beef Stroganoff  
Roast Turkey

Chicken Pot Pie  
Crispy Tofu

### SIDES

Mashed Potatoes  
Brown or White Rice  
Sweet Potatoes  
Macaroni & Cheese

Egg Noodles  
Green Beans  
Steamed Carrots  
Steamed Broccoli  
Steamed Corn  
Baked Fries  
Assorted Baked Chips  
Dinner Roll

## beverages

### HOT

Coffee or Tea (*Regular or Decaf*)  
Hot Chocolate (*Regular*)  
Hot Chocolate Sugar Free  
Chamomile Tea

### MILK

Fat Free  
2%  
Whole  
Chocolate  
Lactose Free  
Vanilla Soy

### JUICE

Grape  
Orange  
Apple  
Cranberry  
Prune  
V8 Juice (*Regular*)  
V8 Juice (*Low Sodium*)

### COLD

Diet Coke®  
Sprite® Zero  
Sugar Free Lemonade or Fruit Punch  
Diet Ginger Ale  
Ginger Ale  
Unsweetened Iced Tea

## desserts

Sugar Cookie  
Vanilla or Chocolate  
Pudding  
No Sugar Added Pudding  
Ice Cream  
Orange Sherbet  
Assorted Gelatin  
Lemon or Cherry Fruit Ice  
Chocolate Chip Cookie  
Oatmeal Raisin Cookie

Rocky Road Brownie  
Carrot Cake Cupcake  
Cheese Cake Trifle  
with Berries  
Vanilla Wafers  
Strawberry Banana  
Smoothie  
Orange Dreamsicle  
Smoothie

## available at all meals

### FRUIT

Apple  
Banana  
Orange  
Mandarin Oranges  
Pear Cup  
Peach Cup  
Grapes  
Applesauce  
Stewed Prunes  
Dates  
Fresh Fruit Cup

### CEREAL

Cornflakes  
Rice Krispies  
Cheerios  
Rice Chex

### YOGURT + OTHER SIDES

Lite Vanilla  
Lite Strawberry  
Lite Peach  
Lite Blueberry  
Greek Vanilla  
Cottage Cheese  
Cottage Cheese &  
Fruit Plate

**DAILY  
SPECIALS**  
**ON BACK!**

## lunch specials

## condiments

### SUNDAY

Rotisserie Chicken Quarter  
Mashed Potatoes  
Lemon Pepper Green Beans

### MONDAY

Carolina BBQ Pork  
Macaroni and Cheese  
Sweet and Tangy Slaw  
Honey Kissed Cornbread

### TUESDAY

Asian Beef Pepper Steak  
Jasmine Rice  
Steamed Broccoli

### WEDNESDAY

Lemon Rosemary Chicken Thigh  
Mashed Sweet Potatoes  
Steamed Broccoli

### THURSDAY

Blackened Salmon  
Country Cheese Grits  
Green Beans

### FRIDAY

Homestyle Meatloaf  
Smashed Red Bliss Potatoes  
Garlic & Herb Steamed Broccoli

### SATURDAY

Teriyaki Chicken Thighs  
Lo Mein Noodles  
Steamed Carrots

#### Sweeteners

Brown Sugar  
Equal  
Honey  
Splenda  
Sugar  
Sweet 'n Low  
Syrup  
SF Syrup

#### Dressings

Balsamic Dressing  
Balsamic Vinegar  
Caesar  
Honey Mustard  
Italian  
Olive Oil  
Ranch

#### Sauces

BBQ  
Gravy  
Hot Sauce  
Ketchup

Lemon Caper  
Light Mayonnaise  
Mayonnaise  
Mustard  
Relish  
Salsa  
Sour Cream  
Tartar Sauce

#### General

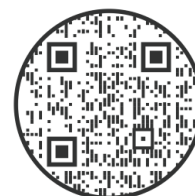
Butter  
Coffee Mate  
Cream  
Cream Substitute  
Grape Jam  
Lemon Juice  
Margarine  
Parmesan Cheese  
Peanut Butter  
Pepper  
Salt  
Seasoning Packet  
Strawberry Jam  
Sugar-Free Jelly

**What is a diet order?** A diet order is part of your care plan and it provides guidance as to the amount and types of food and drink you can have during your hospital stay. All patients will have a diet order and it may change during your stay.

**Regular Diet:** Has no therapeutic restrictions per meal order and includes a variety of healthy, nutritious options. You may be restricted on how much or how often you can place a meal order.

**Therapeutic Diet:** Includes healthy, nutritious options that will limit what and how much you can eat, how often you can eat, and possibly the texture of your food. These diets support healing and recovery.

**NPO Diet:** Also known as a "Nothing by Mouth" Diet, restricts all eating and drinking before and after certain procedures and/or tests, and is for your safety.



#### Scan QR code

for nutritional information  
for all offerings.